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• AGE SUITABILITY

Assessing this is complex, and cannot take account of the experience of the teacher or the children. The assessments below often give a young threshold for a popular dance based on a simplification or the existence of a range of variations suitable for different ages. Please refer to the dance descriptions for any introductory comments, Variations, and Teaching Notes.

• **Junior teachers:** Please, in hastening to teach those dances popular with all ages, don't neglect dances with special pleasures that the children will grow out of in a year or so. That's a sad loss.

• **Middle School, Intermediate and Secondary Teachers:** Please, before you teach the popular simple dances, check whether some of your children have been doing only the same few for years: they will learn to hate dancing! Be as adventurous as you can. Please request an advanced-level workshop if you need it: contact Rae Storey (see back of Title Page for all types of address).

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DANCES	Age Suitability	Page	Which CD
All-American Promenade (U.S.A.)	11 up	14	C
Alunelul (Romania)	13 up	15	C
Baonopstekker (Netherlands)	10 up	16	C
La Bastringue (French Canada)	11 up	18	C
Les Bâtons (France)	10 up	20	C
Bear's Dance (Israel)	3-6	21	A
Billy's Frisk	10 up	22	B
Bird Dance	3 up	23	B
La Boulangère (France)	10 up	24	C
Brown Girl in the Ring (Caribbean)	3-10	25	B
La Cardeuse (French Canada)	7 up	27	B
Carnavalito (Bolivia)	3-10	29	A
Les Ceintures (France)	9 up	30	C
Cherkessya Kfula (Israel)	9 up	31	C
La Chèvre (France)	6-9	32	B
Children's Debka (Israel)	10 up	33	C
Circus Horses	3-5	34	A
El Costillar (Chile)	7 up	35	B
Cumberland Square Eight (England)	12 up	36	C
Dimna Juda Mamo (Eastern Macedonia)	7-10	37	B
Djacko Kolo/Seljancica/Cigo (Serbia and Croatia)	11 up	38	C
Doctor Knickerbocker	4-9	40	—
Dorset Four-Hand Reel (England)	10 up	42	C
La Farandole (France)	3 up	44	B
Figure of Eight (Netherlands)	9 up	46	C